

VIA Survey

		Very Much Like Me	Like Me	Neutral	Unlike Me	Very Much Unlike Me
1	I experience deep emotions when I see beautiful things.					
2	I always speak up in protest when I hear someone say mean things.					
3	I am always coming up with new ways to do things.					
4	I have many interests.					
5	I always treat people fairly whether I like them or not.					
6	I do not want to see anyone suffer, even my worst enemy.					
7	I am an extremely grateful person.					
8	I always keep my promises.					
9	I can always find the positive in what seems negative to others.					
10	I try to add some humor to whatever I do.					
11	I always examine both sides of an issue.					
12	I am never too busy to help a friend.					
13	I am very good at leading group activities.					
14	I always go out of my way to attend educational events.					
15	I can accept love from others.					
16	I never brag about my accomplishments.					
17	I never get sidetracked when I work.					
18	Others consider me to be a wise person.					
19	I always make careful choices.					
20	It is easy for me to stay disciplined.					
21	I always get along well with people I have just met.					
22	I am a spiritual person.					
23	It is important to me to respect decisions made by my group.					
24	I have lots of energy.					
25	It is important to me that I live in a world of beauty.					
26	I am a brave person.					
27	I pride myself on being original.					
28	I think my life is extremely interesting.					
29	Even if I do not like someone, I treat him or her fairly.					
30	I rarely hold a grudge.					
31	I have been richly blessed in my life.					
32	I believe honesty is the basis for trust.					
33	If I feel down, I always think about what is good in my life.					
34	I am known for my good sense of humor.					
35	I make decisions only when I have all of the facts.					
36	I go out of my way to cheer up people who appear down.					

37	One of my strengths is helping a group of people work well together even when they have their differences.					
38	I am a true life-long learner.					
39	I am good at expressing love to someone else.					
40	I prefer to let other people talk about themselves.					
41	I always finish what I start.					
42	Others come to me for advice.					
43	I am a very careful person.					
44	I am a highly disciplined person.					
45	I have the ability to make other people feel interesting.					
46	I have a calling in my life.					
47	Without exception, I support my teammates or fellow group members.					
48	I awaken with a sense of excitement about the day's possibilities.					
49	I am always aware of the natural beauty in the environment.					
50	I have taken frequent stands in the face of strong opposition.					
51	My friends say that I have lots of new and different ideas.					
52	I am excited by many different activities.					
53	I treat all people equally regardless of who they might be.					
54	I am always willing to give someone a chance to make amends.					
55	I feel a profound sense of appreciation every day.					
56	I tell the truth even if it means I will get in trouble.					
57	I know that I will succeed with the goals I set for myself.					
58	I never allow a gloomy situation to take away my sense of humor.					
59	I try to have good reasons for my important decisions.					
60	I always try to help people in need.					
61	My friends always tell me I am a strong but fair leader.					
62	I never miss the chance to learn something new.					
63	I often express my love to others.					
64	I have been told that modesty is one of my most notable characteristics.					
65	I never quit a task before it is done.					
66	My friends think I am wise.					
67	I think through the consequences every time before I act.					
68	I do not give into temptation.					
69	I am good at sensing what other people are feeling.					
70	My faith makes me who I am.					
71	I work at my very best when I am a group member.					
72	I am genuinely excited to start each day.					
73	I see beauty that other people pass by without noticing.					
74	I never hesitate to publicly express an unpopular opinion.					
75	I am an original thinker.					
76	I am always curious about the world.					

77	I treat everyone the same.					
78	I believe it is best to forgive and forget.					
79	At least once a day, I stop and count my blessings.					
80	My promises can be trusted.					
81	Despite challenges, I always remain hopeful about the future.					
82	I have a great sense of humor.					
83	When making a decision, I let the facts decide.					
84	I really enjoy doing small favors for friends.					
85	People usually turn to me to lead a group.					
86	I love to learn new things.					
87	I can express love to someone else.					
88	I am always humble about the good things that have happened to me.					
89	I finish things despite obstacles in the way.					
90	I may not say it to others, but I consider myself to be a wise person.					
91	I always think before I speak.					
92	I never want things that are bad for me in the long run, even if they make me feel good in the short run.					
93	I always know what to say to make people feel good.					
94	My beliefs make my life important.					
95	I really enjoy being a part of a group.					
96	People describe me as full of zest.					